

## The letters used here correspond to those shown on the map and in the directions.

- A Sleaford:** An attractive market town with a history dating back to the Iron Age. It was also the site of an important Roman town. The town then grew into a market place and business centre for the local rural area.
- Local attractions include:** The Hub, the National Centre for craft and Design, with exhibitions, events, shop and café.  
Tel: 01529 308710.  
Cogglesford Mill, Lincolnshire's last working watermill. Tours and shop.  
Tel: 01529 414294.
- B Silk Willoughby:** The two settlements of Willoughby and Silkby joined together in the late medieval period to become Silk Willoughby. Look out for the village pump which was constructed in 1897 to the memory of Rev. W McKnight and was restored in 1973. Next to the pump is the cross base and shaft. Dating to the 14th century the base is carved with symbols of the Evangelists.
- C The Maltings:** Look towards Sleaford and The red brick malting buildings dominate the skyline. Built between 1892 and 1905 malting began in 1906 and supplied the Bass brewery in Burton on Trent. When the malting process changed in 1958 production stopped. Since then the buildings have been put to various uses and are now listed.
- D Site of brick and tile works:** On the left are the flooded pits associated with the former Burton brick and tile works. Now a haven for wildlife.
- E Burton Pedwardine:** The settlement is mentioned in the Domesday Book having a church and a mill. There are extensive earthworks of a medieval settlement and look out for ridge and furrow pasture around the village, a remnant of medieval ploughing.
- F Scredington:** As you enter the village look out for the field on the left full of earthworks. These are remains of a medieval village and include a moated manorial enclosure.
- G Helpringham:** St Andrew's church dominates the view as you cycle into the village. The church dates from the early 13th century with later additions. The village cross and war memorial is situated on the village green. The plinth is medieval and the war memorial was erected in 1920.
- H Heckington:** You can't miss the windmill – England's only remaining 8-sail tower windmill. The railway station has been converted into a museum. Call the Tourist Information Centre to confirm opening times for the windmill and museum. The village church has a 180 foot spire and monsters and demons decorating its exterior.
- I Howell:** The village of Howell was once much larger and evidence in the form of earthworks associated with a medieval settlement can be seen in the fields to the west of St Oswald's church. The church is Norman in date and it is well worth taking a break and looking around.
- J Ewerby & Kirkby la Thorpe:** Like Howell both these village were large medieval villages now much reduced in size. Ewerby has a medieval market cross in front of St Andrew's church, there is also an interesting variety of building styles in the village.



Memorial, Sleaford